

Stretch Marks Essential oil blend

Prevention:

Hazelnut.....200ml
Rosehip.....20ml
Mandarin.....4ml

To be used from the 2nd to 9th month of pregnancy

Healing stretch marks:

Sage.....1ml
Rosemary, verbenata type.....2ml
Rosehip seed oil.....20ml
Hazelnut.....40ml

Enjoy the blend!

Source:

“Advanced Aromatherapy” by Kurt Schnaubelt, Ph.D.